

Themes For Family Catechesis

Twelve Themes were suggested as monthly catechesis during “The Year of the Family”

Being of great interest for Human and Religious Education of the Family, we offer them herewith. You may develop them in your own way,

1. **The Fractured Family** : the pressures from society are taking its toll on family life. We are to become aware of them as the first step to counteract them.
2. **Making time for each other** : In our busy urban life, we need to find time and make time for each other.
3. **Parents’ role in family life** : Parents set the tone and texture of family life. How can they fulfill their role more effectively?
4. **Children’s role in family life** : the way children relate to each other and to their parents is changing.; What are the values that need be maintained for a healthy family life.
5. **Praying together** : Family prayer has been a long standing tradition in our families. We need to learn new forms of prayer that are relevant today for our families..
6. **Christ in our family** : Christ is the head of every home, the unseen guest at every meal . How do we make this a reality in our homes?
7. **Mary in our family** : Mary and marian forms of prayer have always been an integral part of our family life. Are we losing this tradition? How revitalize them?
8. **Family prepares for Christmas** : Christmas is an important family festival. How can the family engage in a more meaningful preparation and celebration?
9. **Family prepares for Easter** : through the 40 days of Lent, the family can learn to be united in suffering and thus prepare for the joys of the Resurrection.
10. **Family friends and relatives** : friends and relatives are an extension of the family. How do we best relate to them?
11. **Family and neighbours** : Christian families are called to witness to their faith through their presence in their neighborhood.
12. **Family and her parish** : The domestic church of the family is called to live in close collaboration with the local church which is the parish. How? Means and ways?

