

# **IGNATIAN INDIFFERENCE. ( 2<sup>nd</sup> part)**

## **Quotes for Meditation and Prayer**

### **Ignatian Indifference Brings Spiritual Freedom, Liberation, True Wisdom and Perpetual Joy**

#### ***Spiritual Freedom`***

- To be Rich or to be Poor
- To be clever or to be dull,
- To be handsome or to be deformed,
- To be strong or to be weakling,
- To be attractive or to be drab,
- To be striking or to be plain.
- To be learned or to be Ignorant
- To be educated or to be common,
- To be in health or to suffer,
- To be active or to be idle,
- To be used or to be set aside,
- To be loved or to be ignored.
- To be Successful or to Fail
- To be honored or to be despised,
- To be rewarded or to be passed over,
- To be known or to be unknown,
- To have friends or to have none,
- To live long or to die soon.

#### **On neither can I set my Heart**

In both I can equally serve God  
Each is a gift of God,  
And as such has equal value.

#### **This only matters**

That He chooses what He Wills  
That I carry out that Will

- knowing Him,
- praising Him,
- loving Him,

#### **Because He loved me first.**

He is The Lord of all  
He takes care for all.  
To whom I owe so much

**As one who has a work to do,**  
Because He has chosen me to do it.

*(A. Goodier)*

## **Liberation**

**To be slave of nothing,**  
To be the slave not even of myself,  
To be able to make myself obey,  
To make myself say “no”,  
To make myself say “yes”.

**To have a noble end in view,**  
To make myself live for it,  
To be able to use all things for that end,  
A life of sacrifice,  
a life of endeavor

**To be rid of useless burdens,**  
To shoulder my own burdens  
To shoulder the burdens of my fellow-men,  
Understanding all,  
In sympathy with all.

**To look at all things evenly,**  
Shunning none too much,  
For there is good in all,  
Desiring none too much,  
For in all “too much” is evil

**To live thus nobly,**  
To be obeyed by myself,  
This is freedom,  
The freedom of the children of God,  
The freedom wherewith Christ has made them free.

*(A. Goodier)*

## **True Wisdom**

**To be contented with my lot in life**  
That I am born where you have willed me to be  
That I have the upbringing you have arranged for

**To be patient with myself**

With the character you have given me  
My failings and short comings

**To be patient with others**

The people you have put about me  
The over-zealous, the indifferent

**To make use of my opportunities**

Just those you have given me  
Opportunities for myself  
Opportunities to help others

**To be content with what success you give me**

Success at which I have aimed  
And only in part secured  
Success of which I have never thought

**To be content also with my failures**

For these are no less your gifts  
To believe in you always

**To live in your hands always**

To be always happy in you  
No matter what may befall  
To be always what you want me to be

**To do always what you want me to do**

To make your will my will  
This is wisdom  
And is worth more than learning.

(A.Goodier)

**Perpetual Joy**

When my sun is shining,  
When my sky is dark,  
When I am happy,  
When I am in sorrow,

When I have done well,  
When I have failed,  
When the world is with me,  
When the world is against me,

When I am on top of the world,

When I am in the valley of darkness,  
When others are preferred,  
When I am set aside,

When I have sinned, even,  
I will rejoice in you, my God  
And always in you,  
My God, my father.

You are omnipotent,  
Nothing is impossible to you,  
You are the master of every situation,  
Even this situation I am in,

I will praise you,  
I will rejoice in you,  
I love you.  
I love your world.

And everything that happens in it.  
You have so loved this world,  
That you have sent your son into it,  
You have made it your,  
Dwelling place, your home.

You love me always,  
You are loving me now,  
And with Jesus, your son, and the Holy Spirit,  
Are living in me,

And through me you are going about doing good,  
Reconciling the world to yourself,  
And the world to itself,  
Giving abundant life,  
New life, New joy,

Rejoice, my soul, in God, the Father,  
Rejoice and be glad,  
God is at work in you,  
Completing his redemption, creation,

In you, through you,  
Through the things that are happening,  
In you, and around you,  
REJOICE IN THE LORD, my soul,

*(Unknown authorship)*

